

ABOUT US

What happens when we rely on habits, perceptions and assumptions without knowing the facts? Conflict is at the heart of all drama that CAT uses to raise the questions we may not be asking of ourselves and our community. The human experience is very complex in this fast-paced, ever-changing world and there is no way around it; however there are skills that help us navigate the challenges and attain positive growth and progress.

Through interactive drama strategies, CAT captures a panoramic view of our society and zooms in on specific issues and behaviors that create obstacles in our lives. These workshops encourage participants to carefully examine the choices, decisions and consequences of everyday challenges. The end goal is to raise awareness and to promote problem solving, decision-making and self-advocacy skills that will build the confidence of every participant.

ABOUT CAT *Using the power of drama to change lives.* The Creative Arts Team (CAT) at The City University of New York uses the power of drama to inspire young people. In schools and communities throughout New York City, CAT's professional Actor-Teachers create one-of-a-kind interactive learning experiences for more than 13,000 young people and adults. Our students reflect the City's economic, ethnic, and cultural diversity. Founded 1974, CAT has worked with more than a million New Yorkers.

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Programs for Middle & High School Students

Anti-Bullying/Anti-Violence

Healthy Choices

Literacy

College Readiness & Access

Workplace Readiness

NYC Student Shakespeare Festival

CAT Youth Theatre

and more!



For Information About In & After-School Services, contact

Yvonne Roen at 212.652.2857 or Yvonne.Roen@cuny.edu

WORKSHOPS AVAILABLE FOR MIDDLE & HIGH SCHOOL STUDENTS INCLUDE:

Anti-Bullying & Violence Prevention

Violence is on the rise. What is a bully, what is harassment, and why does it happen? What role do we play and how can we be proactive to stop or deescalate violence around us? Explore the idea of “no snitching,” define the source of a problem and develop skills to prevent or deescalate the violence in our community.

Academic Success

Attitude, Aptitude, Accountability and Adaptability. Students may have habits that hinder their success. Examine common obstacles and explore avenues to academic success. Through role play, intervention and other interactive activities, this session helps build concrete skills and increases awareness of individual learning styles.

Time Management

Overwhelmed? Get it together. Examine common challenges and consequences of juggling school, work and personal life. With scenarios and intervention techniques, participants engage in activities & discussions to effectively set/meet organizational and time management goals.

Conflict Resolution

Although individual and collective intentions may be good, the outcomes may not be. Through interactive scenes, games and skill-building activities, participants explore innovative ways to avoid and resolve everyday conflicts. These strategies break down internal and external conflicts to get to the causes and effects and, through analysis and intervention, reach solutions.

Communication

Emails, texts, tweets and Facebook! What has happened to the human brain and social interaction? Explore these questions and more through a series of vignettes and skill-building activities—discover how to be an effective communicator. Examine common behavioral patterns that work against us when trying to communicate and explore innovative adjustments we can make to achieve positive results.

Leadership

Instead of playing the blame game, or allowing apathy to reign, take charge! Find out what you can do about “the powers that be” and self-advocacy. Through realistic scenarios and intervention strategies, take a look at common issues in our community and discover what it means to be a leader, develop individual responsibility and the power that lies within to promote progress.

Work Readiness

What is the job market like and how do we succeed in it? How do we land a good job? How do we build a career and how do we strengthen our employability? Explore answers to these job readiness questions using role-play, interactive drama and skill-building activities.

Health and Wellness

Take a deeper look at modern society and the choices, decisions and consequences of everyday behavior that may have adverse effects on our health. Work together to find solutions for everyday situations and explore choices for a healthier mental, physical and emotional life for you and your loved ones.

Adolescent Literacy Residencies

In-School: These intensive, full school year, project-based residencies are developed in close coordination with classroom teachers. Using various student-centered, interactive strategies, we directly address academic learning objectives in accordance with the NYS Common Core Standards in ELA.

After-School: These projects utilize an arts-based community involvement approach to generate strong student engagement and promote literacy skills. The rigorous curriculum incorporates project-based and experiential learning models that foster student critical thinking and literacy skill development.

CAT ALSO OFFERS...

FOR STUDENTS

ANTI-BULLYING INITIATIVE

Through this interactive drama workshop series, students explore Bullying and Violence Prevention; Conflict Management; and Relationship Violence

EMERGENT & ADOLESCENT LITERACY INITIATIVES

These interactive drama workshop series enhance students' literacy, communication and critical thinking skills

HEALTH & WELLNESS INITIATIVE

This interactive workshop series for students explores Mandated HIV/AIDS Curriculum/ Sexuality; Drug & Alcohol Prevention; Obesity Awareness

LEADERSHIP DEVELOPMENT

Helps students become more active in the school community by exploring communication among students, teachers and parents; Conflict Management; Diversity/Cultural Tolerance; and Goal Setting

NYC STUDENT SHAKESPEARE FESTIVAL

Professional development & in-class workshops culminate in a multi-school Festival in an off-Broadway theatre

COLLEGE READINESS & ACCESS

Through this interactive workshop series, students address the “soft skills” that are crucial to succeed in college and in life, including setting realistic expectations; balancing priorities; effective communication; and the “4 A's:” *Attitude, Aptitude, Accountability and Adaptability*

SOFT SKILLS FOR WORKPLACE SUCCESS

Exploring interview skills; realistic expectations; balancing priorities; managing stress; effective communication; and more

CAT YOUTH THEATRE

Free, afterschool program for middle & high school students—no audition required. Work with a professional theatre staff to create original theatre

FOR SCHOOL STAFF

PROFESSIONAL DEVELOPMENT

On-site or at CAT's Training Center:

- Introduction to Drama Strategies for the Classroom
- Exploring Social Issues through Drama
- Understanding Diversity/Promoting Cultural Tolerance through Drama
- Exploring Violence/Bullying Prevention through Drama
- Approaching Literacy through Drama
- Exploring Literature through Drama
- Shakespeare in the Classroom
- Storytelling & Emergent Literacy in the Early Childhood Classroom
- Puppets & Puppetry in the Early Childhood Classroom
- ...AND MORE!

In 2012-2013, 12,417 young people, teachers and parents from every community in New York City benefited from CAT programs. Share this information with your school and bring CAT to YOUR classroom!

Visit www.creativeartsteam.org for more information