

ABOUT US

CAT College and Adult Program (CAP)

Keith Johnston—Program Director
Priscilla Flores—Senior Actor/Teacher
David Mitnowsky—CAP Coordinator

What happens when we rely on habits, perceptions and assumptions without knowing the facts? Conflict is at the heart of all drama that CAT uses to raise the questions we may not be asking of ourselves and our community. The human experience is very complex in this fast-paced, ever-changing world and there is no way around it; however there are skills that help us navigate the challenges and attain positive growth and progress.

Through interactive drama strategies, CAP captures a panoramic view of our society and zooms in on specific issues and behaviors that create obstacles in our lives. These workshops encourage participants to carefully examine the choices, decisions and consequences of everyday challenges. The end goal is to raise awareness and to promote problem solving, decision-making and self-advocacy skills that will build the confidence of every participant.

ABOUT CAT *Using the power of drama to change lives.* The Creative Arts Team (CAT) at The City University of New York uses the power of drama to inspire young people. In schools and communities throughout New York City, CAT's professional Actor-Teachers create one-of-a-kind interactive learning experiences for more than 13,000 young people and adults. Our students reflect the City's economic, ethnic, and cultural diversity. Founded 1974, CAT has worked with more than a million New Yorkers.

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Support for CAT FY14 Programs Provided By:

AIDS United; The City University of New York; Fund for Public Schools; Hill & Knowlton; Homes for the Homeless; The Hyde and Watson Foundation; JPMorgan Chase Foundation; The Lucille Lortel Foundation; Marion E. Kenworthy-Sarah H. Swift Foundation; New York City Council; City Council Members Fernando Cabrera, Inez Dickens, Mathieu Eugene, Office of Vanessa L. Gibson, Robert Jackson, Andy King, Karen Koslowitz, Office of Rory Lancman, Melissa Mark-Viverito (Speaker), Office of I. Daneek Miller, Donovan Richards Jr., Office of Helen Rosenthal, Office of Ritchie Torres, Paul Vallone, Jumaane D. Williams, Ruben Willis; NYC Department of Correction; NYC Department of Cultural Affairs; NYC Department of Education; NYC Department of Youth & Community Development; NYCT; Brooke Astor Fund for NYC Education; NYS Council on the Arts; NYS Department of Health; AIDS Institute; NYS Education Department; NYS Senate; NYS Assembly; Penguin Books; YMCA of Greater New York

Participating Schools, and many generous individuals

CAT is a 501(c) 3 Nonprofit Organization. To support CAT's work, visit <http://bit.ly/SupportCAT>

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College/Adult Program

Supporting Success & College Readiness

In High Schools

At Home in College

College Focus

Supporting Success in College:

BMI (Black Male Initiative)

CLIP (CUNY Language Immersion Program)

and more!



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2013-2014 WORKSHOPS

AVAILABLE FOR HIGH SCHOOL & COLLEGE STUDENTS:

Academic Success

Students may have habits that hinder their success. We examine common obstacles and explore avenues to academic success. Through role play, intervention, and other interactive activities, this session helps build concrete skills and increases awareness of individual learning styles.

The A-Game

Attitude, Aptitude, Accountability, and Adaptability are the basis for academic success. How we employ them in our daily lives determines our effectiveness in numerous areas. Like an academic balancing act, this session will use drama and student-led activities to explore how we can utilize all resources for success.

Communication

Emails, texts, tweets and Facebook! What has happened to the human brain and social interaction? Explore these questions and more through a series of vignettes and skill building activities—discover how to be an effective communicator. Examine common behavioral patterns that work against us when trying to communicate and explore innovative adjustments we can make to achieve positive results.

Work Readiness

What is the job market like and how do we succeed in it? How do we land a good job? How do we build a career and how do we strengthen our employability? Explore answers to these job readiness questions using role play, interactive drama and skill building activities.

Health and Wellness

Take a deeper look at modern society and the choices, decisions and consequences of everyday behavior that may have adverse effects on our health. Work together to find solutions for everyday situations and explore choices for a healthier mental, physical and emotional life for you, your environment and loved ones.

Financial Literacy

We all use money, how effectively is another question. As student debt triples the value of education comes under scrutiny. Could the cost of going finally dissuade generations from attending college? In this session we want to explore possible resources that can assist the financial burden of education. Through interactive drama and skill building activities, we want to explore how to understand our finances.

Time Management

Overwhelmed? Get it together. Examine common challenges and consequences of juggling school, work and personal life. With scenarios and intervention techniques, participants engage in activities and discussions to effectively set/meet organizational and time management goals.

Conflict Resolution

Although individual and collective intentions may be good, the outcomes may not be. Through interactive scenes, games and skill building activities, participants explore innovative ways to avoid and resolve everyday conflicts. These strategies break down internal and external conflicts to get to the causes and effects and, through analysis and intervention, reach solutions.

Parenting in the 21st Century

The challenges of parenting are endless, especially in a culture of technology that changes the way we live, think and communicate. Since time does not run backwards, take a journey through the generation gap to explore successful solutions for raising children, supporting their education and modifying their behavior in the modern era. Build solid relationships to bridge the gap.

CAT ALSO OFFERS...

FOR STUDENTS

ANTI-BULLYING INITIATIVE

Through this interactive drama workshop series, students explore Bullying and Violence Prevention; Conflict Management; and Relationship Violence

EMERGENT & ADOLESCENT LITERACY INITIATIVES

These interactive drama workshop series enhance students' literacy, communication and critical thinking skills

HEALTH & WELLNESS INITIATIVE

This interactive workshop series for students explores Mandated HIV/AIDS Curriculum/ Sexuality; Drug & Alcohol Prevention; Obesity Awareness

LEADERSHIP DEVELOPMENT

Helps students become more active in the school community by exploring communication among students, teachers and parents; Conflict Management; Diversity/Cultural Tolerance; and Goal Setting

NYC STUDENT SHAKESPEARE FESTIVAL

Professional development & in-class workshops culminate in a multi-school Festival in an off-Broadway theatre

COLLEGE READINESS & ACCESS

Through this interactive workshop series, students address the "soft skills" that are crucial to succeed in college and in life, including setting realistic expectations; balancing priorities; effective communication; and the "4 A's:" *Attitude, Aptitude, Accountability and Adaptability*

SOFT SKILLS FOR WORKPLACE SUCCESS

Exploring interview skills; realistic expectations; balancing priorities; managing stress; effective communication; and more

CAT YOUTH THEATRE

Free, afterschool program for middle & high school students—no audition required. Work with a professional theatre staff to create original theatre

FOR SCHOOL STAFF

PROFESSIONAL DEVELOPMENT

On-site or at CAT's Training Center:

- Introduction to Drama Strategies for the Classroom
- Exploring Social Issues through Drama
- Understanding Diversity/Promoting Cultural Tolerance through Drama
- Exploring Violence/Bullying Prevention through Drama
- Approaching Literacy through Drama
- Exploring Literature through Drama
- Shakespeare in the Classroom
- Storytelling & Emergent Literacy in the Early Childhood Classroom
- Puppets & Puppetry in the Early Childhood Classroom
- ...AND MORE!

In 2012-2013, 12,417 young people, teachers and parents from every community in New York City benefited from CAT programs. Share this information with your school and bring CAT to YOUR classroom!

Visit www.creativeartsteam.org for more information