

## ABOUT US

### CAT's College & Adult Program (CAP)

The CAP team provides education-through-theatre workshops, skill building activities, and interactive drama strategies. The team facilitates a participant-centered process to examine issues and behaviors that affect our everyday lives. These interactive sessions encourage participants to carefully examine the choices, decisions and consequences of various topics to promote problem solving, critical thinking, decision-making and self-advocacy skills that provide a platform to effectively resolve conflict and address social or academic issues. Through this method, students gain the capacity to raise awareness, discover solutions and develop alternative options to address the challenges presented.

**ABOUT CAT** *Using the power of drama to change lives.* **WHO WE ARE:** Founded in 1974, CAT is an educational outreach program at The City University of New York (CUNY), and in partnership with CUNY's School of Professional Studies, offers the nation's first M.A. in Applied Theatre – *using theatre to facilitate, educate and activate.* **WHAT WE DO:** Theatre cultivates a unique skill set that is indispensable for the 21st Century – primarily *communication, collaboration, critical thinking and creativity.* CAT enriches the lives of our participants through a pedagogy which combines educational drama strategies with research-based educational theories and practices to create participant-centered, interactive drama experiences. The needs, strengths and learning styles of participants inform the actual content of workshops. CAT offers a diverse array of programs for traditional and non-traditional populations. With *four decades* of dedicated school and community partnerships, youth and professional development programs, and our award-winning Youth Theatre, CAT has reached over a million students, educators, parents, community members and teaching artists in New York City, across the nation and around the world.

Executive Director  
Lynda Zimmerman

Budget Director  
Bernadette Drumgoole

Director, Resource Development  
Chris Tokar

Director of Administration  
Rachel Castillo

Artistic & Education Advisor  
Director, MA in Applied Theatre  
Chris Vine

Program Directors  
Katherine Almirañez  
Erika Ewing  
Keith Johnston  
Helen Wheelock  
Helen White

Associate Program Director

Priscilla Flores  
Brisa Arell Muñoz  
Joey Schultz

Program Managers  
Maureen Donohue  
Stephanie Eiss  
Kady Stockman  
Yinette Tejada

Operations Manager  
David Mitnowsky

Communications &  
Marketing Manager

Krista Fogle  
CASA Program Manager  
Shamilla McBean

Operations Associate &  
CASA Program Coordinator  
Tessa Pantuso

Assistant Director,  
MA in Applied Theatre  
Michael Wilson

#### Support for CAT FY17 Programs Provided By:

Broadway Artists Connection • The City University of New York • Community Service Society of New York • Homes for the Homeless • Jewish Communal Fund • Jujamcyn Theatres • The Lucille Lortel Foundation • Morgan Stanley • New York City Council: Speaker Melissa Mark-Viverito and 51 Council Members: Additional allocations from Councilmembers Barron, Constantinides, Cornegy, Crowley, Cumbo, Dickens, Eugene, Ferreras, Gibson, King, Koslowitz, Lancman, Levine, Miller, Richards, Rosenthal, Salamanca, Torres, Vallone, Williams, Wills • NYS Assemblymembers Dendekker, Kim, Simotas • NYC Department of Correction • NYC Department of Cultural Affairs • NYC Department of Education • NYC Department of Youth & Community Development • NYC Council on the Arts • New York Community Trust-Brooke Astor Fund for NYC Education • NYU School of Professional Studies • Penguin USA • RBC Wealth Management • Seoul National University of Education • Wolf Trap Institute for Early Learning Through the Arts • Participating Schools, and many generous individuals

**CAT is a 501(c) 3 Nonprofit Organization. To support CAT's work, visit <http://bit.ly/SupportCAT>**

**CUNY • CREATIVE ARTS TEAM**  
THE CITY UNIVERSITY OF NEW YORK

101 West 31<sup>st</sup> Street, 6<sup>th</sup> Floor New York, NY 10001  
P: 212.652.2800 F: 212.652.2809 [www.creativeartsteam.org](http://www.creativeartsteam.org)



CreativeArtsTeam

@cunycat74



[cunycreativeartsteam.wordpress.com](http://cunycreativeartsteam.wordpress.com)



## THE CITY UNIVERSITY OF NEW YORK CREATIVE ARTS TEAM

101 W. 31<sup>ST</sup> St, 6<sup>TH</sup> Fl, NY, NY 10001 • P: 212.652.2800

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## College/Adult Program

for High Schools, Colleges & Community Organizations

### Partners Include:

CUNY LINCT To Success

CUNY BMI (Black Male Initiative)

Rikers Island

Homes for the Homeless

Fatherhood Academy

and more!



### CAT COLLEGE/ADULT PROGRAM CONTACTS:

Keith Johnston  
Program Director  
[keith.johnston@cuny.edu](mailto:keith.johnston@cuny.edu)  
P: 212.652.2835

Priscilla Flores  
Associate Program Director  
[priscilla.flores@cuny.edu](mailto:priscilla.flores@cuny.edu)  
P: 212.652.2807

David Mitnowsky  
Operations Manager  
[david.mitnowsky@cuny.edu](mailto:david.mitnowsky@cuny.edu)  
P: 212.652.2817 F: 212.652.2809

## AVAILABLE WORKSHOPS INCLUDE:

### A-GAME (Academic Enhancement)

Higher education is available, yet many have not taken advantage of it. This session engages participants through drama and skill-building activities to explore individual strengths and what it takes to succeed academically. Through this collective process, participants will discover strategies and resources to support their academic excellence.

### ENOUGH IS ENOUGH—TITLE IX (Sexual Harassment)

CUNY's policies prohibit sexual harassment and sexual violence of any kind. Through participatory strategies, this workshop will raise awareness of the boundaries, resources and protocol of Title IX policies in order to co-exist and be productive in a safe and secure academic environment.

### "WHERE DOES MY MONEY GO?" (Financial Awareness)

Money is hard to manage, especially in one of the most expensive cities in the country. What are our attitudes regarding financial literacy and how we make and keep our money? We will explore these questions and expose what the wealthy already know about making and managing money, through interactive activities in this participatory workshop.

### COMBAT CULTURE XL (Violence Prevention)

The inability to cope with war, gun violence, hate crimes and injustice has caused attitudes and behaviors that have negative effects on our society. This workshop examines the origins and consequences of a volatile environment and explores the skills needed to problem solve and prevent adverse consequences.

### LAND OF THE FREE... (Health and Wellness)

How do we take care of ourselves as our mental, physical and emotional health are affected by struggles with education, healthcare, inequality, politics? This workshop explores the myths and challenges of living in a world in crisis. Through interactive drama strategies we'll raise awareness, discover meaningful solutions and define what it takes to be healthy in America today.

### TECHNOLOGY TURMOIL (Communication)

Living online has become our societal norm. Technology has advanced faster than we can comprehend. Instant access, cyber-socialization and screen addiction are part of our everyday lives. We become vulnerable to a plethora of social issues that can hurt us. Join us as we explore solutions and best practices to effectively navigate the pros and cons of life in a cyber world.

### PARENTING IN THE 21ST CENTURY

Parenting in today's society presents many challenges never imagined by former generations. This interactive workshop addresses common obstacles, including violence prevention, peer pressure, the generation gap, technology, risky behavior, and academic challenges, while exploring alternatives to reach positive outcomes.

### COLLEGE READINESS

#### College and Career Exploration

How does a high school senior prepare for college? This interactive session helps participants make better choices in their college and major selection for a future career. Through drama and skill-building activities, participants will discover the options and resources available to help them make informed decisions in their college and career exploration.

#### Overcoming Barriers (Conflict Resolution)

The process of graduating high school and entering college is filled with obstacles; however, with the right guidance, students can better navigate those challenges by accessing the right resources. This session helps students critically think about the choices, decisions and consequences of their own actions in terms of communication, resilience and self-efficacy to achieve their goals.

#### CUNY-CAT College/Adult Team

Program Director: Keith Johnston

Associate Program Director: Priscilla Flores

Senior Actor-Teacher: Temesgen Tocruray  
Actor-Teachers:

Jennifer Gil, Marki Michelle, Araba Brown  
MA Apprentice: Ashleigh Bragg

## CAT ALSO OFFERS...

### FOR STUDENTS

#### ANTI-BULLYING INITIATIVE

Through this interactive drama workshop series, students explore Bullying and Violence Prevention; Conflict Management; and Relationship Violence

#### EMERGENT & ADOLESCENT LITERACY INITIATIVES

These interactive drama workshop series enhance students' literacy, communication and critical thinking skills

#### HEALTH & WELLNESS INITIATIVE

This interactive workshop series for students explores Mandated HIV/AIDS Curriculum/ Sexuality; Drug & Alcohol Prevention; Obesity Awareness

#### LEADERSHIP DEVELOPMENT

Helps students become more active in the school community by exploring communication among students, teachers and parents; Conflict Management; Diversity/Cultural Tolerance; and Goal Setting

#### NYC STUDENT SHAKESPEARE FESTIVAL

Professional development & in-class workshops culminate in a multi-school Festival in an off-Broadway theatre

#### COLLEGE READINESS & ACCESS

Through this interactive workshop series, students address the "soft skills" that are crucial to succeed in college and in life, including setting realistic expectations; balancing priorities; effective communication; and the "4 A's:" Attitude, Aptitude, Accountability and Adaptability

#### SOFT SKILLS FOR WORKPLACE SUCCESS

Exploring interview skills; realistic expectations; balancing priorities; managing stress; effective communication; and more

#### CAT YOUTH THEATRE

Free, afterschool program for middle & high school students—no audition required. Work with a professional theatre staff to create original theatre

### FOR SCHOOL STAFF

#### PROFESSIONAL DEVELOPMENT

On-site or at CAT's Training Center:

- Approaching the Common Core through Drama
- Using the Danielson Competencies in your Classroom
- Introduction to Drama Strategies for the Classroom
- Understanding Diversity/Promoting Cultural Tolerance through Drama
- Exploring Violence/Bullying Prevention through Drama
- Approaching Literacy through Drama
- Exploring Literature through Drama
- Shakespeare in the Classroom
- Storytelling & Emergent Literacy in the Early Childhood Classroom
- Puppets & Puppetry in the Early Childhood Classroom
- ...AND MORE!

In 2015-2016, more than 17,600 young people, teachers and parents from every community in New York City benefited from CAT programs. Share this information with your school and bring CAT to YOUR classroom!

Visit [www.creativeartsteam.org](http://www.creativeartsteam.org) for more information